

Sermon Reflections

The Weight of Sin • Matthew 26:31–46

Summary: Find rest in a Savior, who needs nothing of your help to save you from your sins.

Seven Sights of a Sufficient Savior...

1. See Your Spiritual Weakness (vv. 31–32)

- Read Isaiah 6:1–8. What about this vision causes Isaiah to see his spiritual weakness? When you are confronted with the God’s holiness, do you respond like Isaiah? Why is it hard to accept that you are unable to help yourself? What is so counter-cultural about this truth?

2. See Your Spiritual Pride (vv. 33–35)

- How was Peter’s response admirable yet prideful? Read 1 Corinthians 10:12. In what areas are you tempted to believe you can stand in your own strength apart from God? How do you know whether you are living in your strength or not?

3. See Him Alone Take on Sin’s Grief (vv. 36–38)

- When Jesus was faced with the prospect of being made sin, He was grieved to the point of death. Is this how you view sin? What are some ways we make light of our sin? How can we grow to see sin the way Jesus does? (read Matthew 5:29–30 and 1 Corinthians 5:21)

4. See Him Alone Take on Sin’s Punishment (v. 39)

- Jesus drank the full measure of God’s wrath so that we would not have to. What should be the proper response to this kind of love? How can we, as His people, tangibly reflect this love to those around us? (read 1 John 3:16–18)

5. See Him Alone Take on Your Weakness (vv. 40–41)

- How is Peter and the disciples’ weakness revealed? In what ways do you notice your weakness? Read 2 Corinthians 12:1–10: Why is it good to be reminded of our weakness? How does understanding our weakness lead to greater reliance and worship of Christ?

6. See Him Alone Take on God’s Will (v. 42)

- Why did God not answer Jesus’ plea? How did this result in our good and God’s glory? In what ways do we doubt that doing God’s will leads to our good and His glory? What truths help us submit our will to His? (see Colossians 3:1–4)

7. See Him Alone Take on Your Salvation (vv. 43–46)

- Christ drank to the dregs the cup of God’s wrath (Psalm 75:8). Are there areas in your life where you are living as if His death was not enough? In what ways might you still be trying to earn salvation, instead of resting in Christ’s all-sufficient sacrifice?